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Monday, March 12, 2012

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Aida Toledo, a friend and colleague of Eden Dalu Biazon, who was killed along with three friends in a tragic highway crash, speaks to media at a memorial service Sunday. Colleagues, friends and family packed Hainstock's funeral home and lined up to pay their respects. SHELLEY WILLIAMSON/METRO

Community mourns for crash victims

Touching tributes. Tears and memories shared for victims of wrong-way highway crash

SHELLEY WILLIAMSON
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Hundreds gathered Sunday to say goodbye to four people killed in a highway crash a week ago.

Anthony Subong Castillon

and Joey Flores Mangonon, both 35, Eden Dalu Biazon, 39, and Josefina Flores Velarde, 52, were killed in a head-on collision on Highway 2.

Josephine Gaila Tamondong, 28, survived the crash.

"Josefina, Joey and Anthony were not temporary foreign workers, they were our colleagues, our friends and they are our family," said Kelly McCauley, general manager of the Coast Plaza Edmonton Hotel at the packed public memorial.

Castillon was remembered as a good cook who juggled work and his faith in God.

Letters from Mangonon's

family spoke of pain at losing a father and husband.

"My life and my children's lives are not the same without Joey," Mangonon's wife wrote.

A former pastor of Velarde's remembered her diminutive stature and grand presence.

Biazon was described as a caring mother, wife and friend.

Donations can be made at any ATB branch to the Accident Victims Fund, which will help send the crash victims home to the Philippines.

Tyler James Stevens, 29, of Cochrane faces 14 charges related to the crash.

Students sleep on the streets

Four Edmonton university students take part in 5 Days for the Homeless awareness campaign

PAGE 3

Divorce files debated

Vikileaks fallout prompts questions on whether peeking into divorce files should be allowed

PAGE 6

Mom vs. mom

Stay at home or working — who's happier? It all depends on who you ask. Metro's Mommyish writer wonders what the division says about us

PAGE 19



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Tragedy

Slain ball players honoured by Sport Council

Baseball players Tanner Craswell and Mitch MacLean have been named Outstanding Sport Citizens by the Sport Council of Lethbridge.

Craswell, 22, and MacLean, 20, were from P.E.I. but in Lethbridge playing for the Bulls baseball team when they became victims of a murder-suicide on Dec. 15, 2011.

Craswell, MacLean and Tabitha Stepple, 21, died and Shayna Conway, 21, was injured when all four were shot on the side of the highway near Claresholm.

The gunman, Stepple's ex-boyfriend Derek Jensen, 21, killed himself.

Charlottetown and Lethbridge memorials drew hundreds.

The Sport Council is planning a ceremony for March 29.

METRO

Snowslide

Avalanche claims Albertan

An Alberta man died and four others were injured after two backcountry avalanches in B.C.

The 34-year-old was with a group of seven snowmobilers trapped when a slide hit a remote area near Sparwood on Friday, RCMP said. Search-and-rescue officials and a dog from Cranbrook flew in by helicopter to ensure everyone was safely removed. Three were sent to hospital with minor injuries.

Another person was airlifted from Fernie in stable condition at about 7 a.m. Saturday and transferred to a Cranbrook-area hospital, said a B.C. Ambulance spokesperson.

Dangerous weather on Friday delayed the flight.

METRO



From left, Coun. Kerry Diotte, a guest for one night, Pierce Brindza, Sarah Hoekstra, Ellisha Sharma and Brett Farquharson nestle into their camp on the second-floor patio of Building 8 at Grant MacEwan University on Sunday. HEATHER MCINTYRE/METRO

A crash course in living on the edge

Raising awareness.

Edmonton university students volunteer to experience what it's like to have no place to call home



HEATHER MCINTYRE
heather.mcintyre@metronews.ca

Four business students will attend classes as usual this week at Grant MacEwan University.

But, come nightfall, they will sleep outside.

This is the first year that Grant MacEwan is taking part in 5 Days for the Home-

less, which aims to raise both money and awareness for Edmonton's Youth Emergency Shelter Society.

"I think the most difficult thing is going to be getting sleep," said organizer Brett Farquharson, who camped out last year at the University of Alberta. "It's pretty noisy."

The group began camping out at the downtown campus at 5 p.m. on Sunday and will do so until Thursday. They each have a sleeping bag and pillow, only donated food and drinks, and access to showers and washrooms only when campus buildings are open. They are not allowed cellphones.

Across the city, eight U of A students are doing the

same.

"The youth emergency shelter is so important," said event co-chair Kristiann McCool. "Especially youth homelessness is really overlooked. People don't know how big of an issue it is."

Grant MacEwan students hope to raise \$10,000, while U of A students are aiming for \$25,000.

Donations can be made on-site at either campus during the day or online at 5days.ca.

The fundraising initiative was started by U of A students and adopted nationwide in 2008. To date, more than \$750,000 has been raised for charity across the country.

The cause

- **Budget.** According to yess.org, the Youth Emergency Shelter Society needs \$5 million a year to operate.
- **Shortfall.** YESS announced last month that it is \$400,000 short of its \$1-million capital campaign goal.
- **Thousands served.** The organization works with roughly 3,000 teenagers each year.
- **Runaways.** Of that number, YESS says 76 per cent have left home because of serious abuse or neglect.

1

NEWS

Mobile news



Celine Dion's history with smoked meat extends far beyond her investment in Montreal's Schwartz's.

On the web

iPad for pigs

Now that the new iPad is out, you may wonder what to do with your outdated iPad 2. Fear not: Metro has you covered. Go to metronews.ca for a look at weird ways people use iPads around the world — from entertaining their pigs (it's the law in Europe) to subbing it for a chopping board (à la Jake Gyllenhaal).

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Robocalls. Protesters call for inquiry into election phone calls

Protesters gathered at Canada Place and then marched west on Jasper Avenue to the Alberta legislature Sunday to rally against the robocalls made in the last federal election.

Protest organizers are calling for an inquiry into the fraudulent calls in which thousands of voters in ridings Canada-wide were reportedly redirected to fake polling stations. The protest was one of several planned demonstrations in Canadian cities.

METRO



Robocall demonstrators gather outside Canada Place Sunday.
SHELLEY WILLIAMSON/METRO

Investigation

Man killed in drilling site accident

Alberta Occupational Health and Safety is investigating after a 33-year-old man died on a drilling site near Elk Point.

The employee with G Mack Oilfield Services was clearing gravel Friday night using a Bobcat near the entrance to the site on Highway 41 when a truck travelling south hit him.

No charges have been laid.

METRO

Separate incidents

Police investigate Saturday stabbings

Two men were injured in separate stabbings Saturday night.

Edmonton police said a man in his 20s was found bleeding near 118 Avenue and 93 Street, and was sent to hospital with non-life-threatening injuries.

EPS also responded to the West Side Pub around 11:45 p.m. Saturday, after a man was reportedly attacked there.

METRO



Ongoing engineering changes, which first started during south LRT construction in 2009, are making city intersections safer for turning, according to statistics from the Office of Traffic Safety. HEATHER MCINTYRE/METRO

Changes making intersections safer

Engineering. Stats say right- and left-hand turn modifications are cutting the city's collision rate



HEATHER MCINTYRE
@METRONOVS.CA

Ongoing work is making city intersections safer, according to statistics.

Through research done

in 2007 on Edmonton's top-20 collision locations, it was determined 30 per cent of crashes are related to right-hand turns.

"When you make a right-hand turn, it is a 153-degree turn required to look over your left shoulder to clear the intersection," said Gerry Shimko with the Office of Traffic Safety.

A new design, introduced in 2009, requires less of an "owl maneuver," said Shimko, estimating a check between 50 and 60 degrees. Some others are re-

constructed as T-junctions, where drivers must stop.

This has resulted in an 85 per cent collision reduction at those locations, and the new designs have now become city policy.

Changes to traffic lights indicating left-hand turns promote a "single-vehicle movement" through the intersection to protect drivers, said Shimko.

Between 25 and 30 locations have had that change made since 2009, achieving a 98.4 per cent collision reduction, he added.

Signaling change

- The Office of Traffic Safety maintains a priority inventory of locations where changes can be made to both left- and right-hand turns.
- Especially for the right-hand turn changes, the work can be incorporated with other construction if capital dollars are not available.

Japan tsunami. Local fundraiser marks sombre anniversary for Japanese

As Edmonton's Japanese community marked the one-year anniversary on Sunday since a powerful earthquake and tsunami left behind destruction and death, they're asking for help.

The Edmonton Japanese Community Association is collecting donations and sending money to NADIA NPO Japan, a non-profit organization that

means "hope" in Ukraine.

The campaign began March 1 and runs until March 31.

A poster for the fundraiser outlines that there are still 270,000 people living in temporary accommodations, 1,500 businesses that haven't re-started and ongoing nuclear power plant problems.

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Vikileaks raises debate about handling of divorce records

Privacy. Public Safety Minister Vic Toews' case has prompted questions on whether peeking into divorce files should be allowed

When details of Vic Toews' difficult divorce were splashed across Twitter, many Canadians shared a commiserating shudder with the public safety minister.

Those who've been through an ugly split involving litigation know some of the most intimate details of their lives are often contained in publicly accessible records.

That includes not just bitter affidavits but social insurance numbers, tax returns, mortgage statements, investment details — the list goes on. Even if a case is settled prior to going before a judge, the files remain.

Some family-law and privacy experts suggest the time

has come to change the way divorce records are handled.

Toews last week obtained a court order to see who had accessed his divorce file — parties to the litigation and journalists would not be listed. But that didn't change the public nature of the file itself.

Toronto-area lawyer Andrew Feldstein says one of his clients was ostracized by many friends after a divorce. Feldstein heard through the grapevine many of the couple's acquaintances went

to take a look at the court filings.

"It also gives one side a very large advantage in the negotiation of the matrimonial dispute, because when you put something in a court file, it's subject to absolute privilege," Feldstein says.

"When the media goes and reads a court file, the media can say these are allegations contained in the court file.... That means there's no ability to sue for slander or libel at the end of the day."

THE CANADIAN PRESS

Counter-argument

Critics warn that protecting the identities of Canadians in family-law cases would only undermine the concept of the open legal system, where the public — and the media by extension — is entitled to know what is going on.

- Chris Waddell, director of Carleton University's school of journalism and communication, says the value of having the records remain public

clearly outweighs the few times a couple's divorce files are perused.

- "One thing that's important about politicians is their character. It's in the voter's interest to know the character of politicians, and this might be information that would help you determine the character of a politician," he offers as an example.



A year later, Japan remembers

Children light candles during a memorial service Sunday for the victims of the March 11, 2011, earthquake and tsunami, near the site of Heijo Palace in Nara, central Japan. The massive quake and tsunami killed just over 19,000 people and unleashed the world's worst nuclear crisis in a quarter-century.

KYODO NEWS/THE ASSOCIATED PRESS

Hate crimes

Gays, 'emo' youths in Iraq targeted by rising violence

Youths who identify themselves as so-called "emos" are being brutally killed at an alarming rate in Iraq, where militias have distributed hit lists of victims and security forces say they are unable to stop crimes against the subculture that is widely perceived in Iraq as being gay.

Officials and human-rights groups estimated as many as 58 Iraqis who are either gay or believed to be gay have been killed in the last six weeks alone — forecasting what experts fear is a return to the rampant hate crimes against homosexuals in 2009.

THE ASSOCIATED PRESS

Arrest

Panama police nab alleged Hells Angels fugitive

Police in Panama say they have captured a fugitive with suspected ties to the Hells Angels motorcycle gang who is wanted in Canada for 22 murders.

A police statement says Michel Smith was detained Friday in the Playa Coronado tourist region, 100 kilometres west of Panama City. The statement released Sunday said Smith was captured after a two-month surveillance operation, adding that he is wanted in Canada on 29 charges, including 22 counts of murder.

Canadian police have been looking for Smith since a massive 2009 gang sweep in the province of Quebec. THE ASSOCIATED PRESS



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Missing money. Head of NGO flees with Canadian aid for Mali: Documents

A Burundian man with permanent-resident status in Canada made off with thousands of dollars in Canadian aid money that was supposed to help people living in one of the poorest countries in the world, newly released documents show.

Officials at the Canadian International Development Agency do not expect to recover \$30,000 from the head of a non-governmental organization who apparently fled Mali after Canadian diplomats went to court to get the money back.

Documents obtained by The Canadian Press under the Access to Information Act show how money meant to improve sanitation in a small village in Mali went missing.

In May 2008, Canada's ambassador to Mali and a group called Cercle de Formation, Recherche, Economique et Sociale, or CFORES, signed a \$70,000 deal to rehabilitate latrines and build five hangars and a drainage ditch in the village of Sanankoroba, about 30 kilometres south of the capital, Bamako. THE CANADIAN PRESS

Churchgoers attacked

10 killed in Nigeria suicide car bombing

A suicide car bomber attacked a Catholic church Sunday in the middle of Mass, killing at least 10 people in the latest violence targeting a church in a central Nigerian city plagued by unrest, a state official said.

The bomb detonated as worshippers attended the final Mass of the day at St. Finbar's Catholic Church in Jos, a city where thousands have died in the last decade in religious and ethnic violence.

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Oilsands rebuild

Reclamation.
Producers thinking up new ways to clean the mess they leave behind

Alberta's oilsands producers are used to thinking big, and their plans to clean up the mess their mines leave behind are fully in line with the outsized trucks that prowl their pits and

the outsized budgets that keep them growing.

Most wetlands reclamation starts with land that's only been disturbed on the surface — for example, turning a farmer's field back into marsh. In the oilsands region, however, reclaimers are building an entire landscape from underground aquifers to the shape of the surface.

"This is not restoration," said Johnathan Price, who is

with the University of Waterloo's department of geography and environmental management and helped design Suncor's plan. "We've got nothing to begin with. It's essentially the whole watershed. This has never been done before."

Both Syncrude and Suncor are in the middle of multi-year, multimillion-dollar projects to rebuild fens — probably the most complex type of wetland.

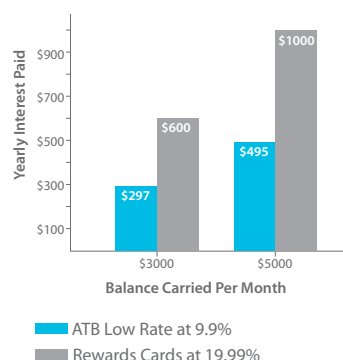
THE CANADIAN PRESS



The prince and the Brazilian model

Prince Harry smiles after greeting Brazilian model Fernanda Motta during a Sentebele Royal Salute Polo Cup ceremony Sunday in Campinas, Brazil. The event raises funds for local charities and South African orphans. YASUYOSHI CHIBA/GETTY IMAGES

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Ontario. Taxpayers foot investors' pricey returns

Investors in Ornge air ambulance will soon be raking in \$22 million a year with Ontario taxpayers footing the bill.

It's all part of a payment schedule set in motion in December 2009 when former president Dr. Chris Mazza and lawyer Alf Apps sold bonds on the private marketplace so that a fleet of airplanes and helicopters could be purchased.

Financial documents show that starting next year, taxpayers will pay \$22.1 million to the institutional investors across Canada that purchased \$275 million of the low-risk bonds.

This year, documents show taxpayers will pay \$15.7 million to investors but that will be interest only — the contract states that interest and principal payments will begin at the end of 2012. Investors are paid interest of 5.7 per cent annually.

Taxpayers already pay \$150 million to Ornge annually to perform air-ambulance services.

Ornge does not make detailed financial statements public (it is also not covered by freedom-of-information laws) and so the Toronto Star could not determine how much of the new an-

Ornge lies

- Meanwhile, the top official whose MBA was faked on the prospectus has formally been fired.
- Rick Potter, who said Mazza told him to pretend he had an MBA from a Scottish university because it would look good to investors, has been told to leave Ornge March 31.
- Ornge originally told the public and staff that he was demoted but in actual fact he was "terminated" March 1 and asked to stay around four weeks to complete a project, spokesperson Jennifer Tracey said.

nual \$22.1-million payment will come out of what taxpayers already pay Ornge, and how much will be payments on top of the \$150 million.

Investors were quickly attracted in 2009 by a prospectus that boasted Ornge was "the glue that holds the Ontario health-care system together." Though the Ontario government did not guarantee the bonds, it was made clear to investors that taxpayers would pay investors back. **TORSTAR NEWS SERVICE**

Afghanistan

GOP candidate wants U.S. to rethink Afghan mission

Republican presidential hopeful Newt Gingrich says he thinks U.S. involvement in the region of Afghanistan may be risking the lives of young troops in a mission that "may not be doable."

Gingrich says the U.S. should reassess the region and ask whether there isn't "a harder, deeper problem" that can't be solved with mil-

itary force on the scale the U.S. and its allies are willing to commit.

The former House speaker said he reached his conclusion after learning that Pakistan, a U.S. ally, harboured Osama bin Laden for seven years outside a military city, and their investigation resulted in punishing people who helped American intelligence, rather than those who made it possible for bin Laden to live undetected for so long.

Gingrich made his comments on the popular television show Fox News Sunday.

THE ASSOCIATED PRESS

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U.S. soldier kills 16 Afghan civilians



An Afghan youth mourns for relatives who were allegedly killed by a U.S. service member in Panjwai district Sunday. ALLAUDDIN KHAN/THE ASSOCIATED PRESS

Deepening crisis.

Rogue army sergeant accused in shooting spree that threatens reconciliation after Qur'an burnings

A U.S. army sergeant is alleged to have opened fire Sunday on Afghan villagers as they slept, killing 16 people — mostly women and children — in an attack that reignited fury at the U.S. presence following a wave of deadly protests over Americans burning Qur'ans.

The attack threatened the deepest breach yet in U.S.-Afghan relations, raising ques-

Murder spree

"This is an assassination, an intentional killing of innocent civilians and cannot be forgiven."

Afghanistan President Hamid Karzai

tions in Washington and Kabul about why American troops are still fighting in Afghanistan after 10 years of conflict and the killing of Osama bin Laden.

The killing spree, the worst atrocity committed by U.S. forces during the Afghan war, comes amid deepening public outrage spurred by last month's Qur'an burnings and an earlier video purportedly showing American Marines

urinating on dead Taliban militants.

The Qur'an burnings sparked weeks of violent protests and attacks that left some 30 Afghans dead, despite an apology from President Barack Obama. Six U.S. service members were also killed by their fellow Afghan soldiers, although the tensions had just started to calm down.

Residents said Sunday's attack began around 3 a.m. in two villages in Panjwai district, a rural region outside Kandahar that is the cradle of the Taliban and where coalition forces have fought for control for years.

The villages are about 500 metres from a U.S. base.

THE ASSOCIATED PRESS

The suspect

- A U.S. official says the American suspected of killing 16 Afghan villagers Sunday is a soldier from Joint Base Lewis-McChord in Washington state, which U.S. military newspaper Stars and Stripes called "the most troubled base in the military" in 2010.

- The base was the home of four soldiers convicted in the deliberate thrill killings of three Afghan civilians in 2010.

- The U.S. official, who spoke on condition of anonymity, says the soldier acted alone.

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Samira Ibrahim, who brought the case against an army doctor accused of conducting virginity tests on female protesters last year, breaks into tears outside a court in Cairo on Sunday, after hearing that he was acquitted.

GIANLUIGI GUERCIA/GETTY IMAGES

Army doctor in Egypt acquitted over virginity test

An Egyptian military tribunal on Sunday acquitted an army doctor of a charge of public obscenity filed by a protester who claimed she was forced to undergo a virginity test while in detention.

The court denied the humiliating tests even took place, despite a ruling by another court and admissions by generals quoted by a leading rights group.

The ruling further infuriated the country's revolutionary youth movements, who have said claims of the virginity tests were the first sign that the generals who took over from deposed President Hosni Mubarak 13 months ago were carrying on his repressive practices.

Less than four months before the military is scheduled to hand over power to a civilian administration, Sunday's verdict was likely to lend credibility to widespread suspicions that the generals were trying to remove any legal basis for their prosecution for crimes committed during their rule after they step down. Activists are calling for the generals to face charges for human-rights abuses.

Samira Ibrahim, one of seven women who said they were forced to undergo examinations to determine if they were virgins while detained by the military a year ago, won a civilian court ruling last year that affirmed the tests were taking place at military jails and ordered they be halted.

Military prosecutors investigating her accusations brought only one individual, Dr. Ahmed

Tests acknowledged

Amnesty International said in June that Egypt's generals acknowledged carrying out virginity tests on female protesters. It said Maj. Gen. Abdel Fattah al-Sisi, a member of the ruling Supreme Council of the Armed Forces, justified the tests as a way to protect the army from rape allegations. The rights group said al-Sisi vowed the military would not conduct such tests again.

Adel, to trial, and he was acquitted. The verdict cannot be appealed. The court denied that such tests were carried out.

"No one stained my honour," Ibrahim wrote on her Twitter account after the verdict. "The one that had her honour stained is Egypt. I will carry on until I restore Egypt's rights."

Egypt's official news agency said that Adel was acquitted because the testimonies of the witnesses for the plaintiff conflicted. But the court's insistence that no tests were ever conducted at all has raised doubts about the verdict.

The virginity-test allegations first surfaced after a March 9 rally in Cairo's downtown Tahrir Square, epicentre of last year's uprising, that turned violent when men in plain clothes attacked protesters, and the army intervened to clear the square by force.

THE ASSOCIATED PRESS



Kofi Annan
LOUAI BESHARA/GETTY IMAGES

Syria

Little progress toward ceasefire

An international push to end Syria's conflict stalled Sunday as UN envoy Kofi Annan left Damascus without a ceasefire and President Bashar Assad's forces pounded opposition areas. Annan was seeking an immediate ceasefire to allow humanitarian aid.

THE ASSOCIATED PRESS

Trade secrets

5 charged with espionage

In a diplomatically sensitive case now playing out in a San Francisco federal court, five people are accused of economic espionage on behalf of China. They are alleged to have stolen trade secrets from the DuPont company.

Prosecutors say that DuPont was unwilling to sell to China its method for making titanium dioxide, a

chemical whitening agent.

They allege that the Chinese government stole the technology through a company it controlled called Pangang Group Co. Ltd.

One former DuPont engineer, Tze Chao, has pleaded guilty in the case.

"Pangang Group employees, in asking me to provide DuPont trade secrets to them, overtly appealed to my Chinese ethnicity and asked me to work for the good of the (China)," he said in a plea agreement.

THE ASSOCIATED PRESS

Edmonton Census 2012



Count YOURSELF in.

Starting April 1, census workers from the City of Edmonton will go door to door asking a few brief questions.

Answering the door and these questions is important to your future.

The census information they gather is used to determine how much funding may be provided to our city by the provincial and federal governments for services like police, libraries and infrastructure improvements.

If you have questions about the census, visit www.edmonton.ca/census or call the City of Edmonton Census Office at 780-496-8008, Monday to Friday, 8:30 a.m. to 4:00 p.m.



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Natural gas: \$2.32 US (+5¢)
Dow Jones: 12,902.02 (+14.08)

Digital drinks

Buy someone a beer ... on Twitter

A new online app has arrived with the hope of extending happy hour to the digital world.

Since there is no technology as yet that allows one to teleport frosty mugs of liquid, Tweet-a-Beer simply deposits \$5 into the recipient's PayPal account with the suggestion to imbibe. **TORSTAR NEWS SERVICE**

Cyber challenge

U.K. student wins e-security contest

Cambridge University student Jonathan Millican was named U.K. Cyber Security Champion after beating off other contestants in a challenge to seek out viruses and malware, raise firewalls and fend off hack attacks, in a competition aimed at pulling new talent into Britain's burgeoning cybersecurity sector. **THE ASSOCIATED PRESS**



U.K. student Jonathan Millican
RAPHAEL SATTNER/THE ASSOCIATED PRESS

Data depot

Apple building new data centre

Construction work is underway at Apple's data centre in North Carolina, which will be powered in part by a private solar farm being built by the company.

Apple, based in Cupertino, Calif., uses the data centre to store information as part of its iCloud network. **THE ASSOCIATED PRESS**

Swiss voters turn down longer holidays

European austerity. Referendum tested how comfortable the Swiss feel about their traditional safe-haven economy

Who turns down a long vacation? Known for their work ethic, Swiss citizens appear to be leading the way on European austerity, rejecting a minimum six weeks paid holiday a year.

Switzerland counted ballots Sunday for several national referendums, including one pushed by a union to raise the minimum holiday from four weeks to the standard six used in Germany, Italy, Russia and other European nations. The nation's 26 cantons (states) also held voting on local measures to deal with everything from demonstrators to prostitutes.

The Swiss heeded warnings from government and business that more vacation would raise labour costs and put the economy at risk. Swiss public broadcaster SSR said two-thirds of voters and all of the cantons had rejected the measure, which required majority approval of all federal and cantonal voters.

"In rejecting the initiative, citizens have kept a sense of reality," said Hans-Ulrich Bigler, director of the Swiss Union of Arts and Crafts, which represents around 300,000 businesses.

THE ASSOCIATED PRESS



More sunny vacations? Not for the Swiss, who voted to reject raising minimum paid vacation to six weeks from four. **JOHN HEILPRIN/THE ASSOCIATED PRESS**

Smokers sue. Historic tobacco lawsuit due in Quebec court

In the country next door, tobacco companies have been convicted in a landmark racketeering case and been forced because of other lawsuits to pay out at least \$206 billion US over a quarter-century — a sum bigger than the annual GDP of most countries.

The legal skies have been somewhat less stormy here than in the United States. But that could change next week.

A class-action lawsuit from smokers who claim they were duped for years by big tobacco companies as they became addicted to cigarettes, then suffered from serious health problems, will have its day in court.

Canada's three largest tobacco companies are set to square off against a group of Quebec smokers in a landmark civil case that is considered the biggest in Canadian history, with up to \$27 billion in damages and penalties at stake.

The battleground will be a Montreal courtroom and the defendants are Imperial Tobacco Canada Ltd., Rothmans, Benson & Hedges, and JTI-Macdonald.

Class action

- One suit filed by a Quebec anti-tobacco group on behalf of Jean-Yves Blais seeks \$105,000 in compensatory and punitive damages for smokers who suffered from cancer in their lungs, larynx or throat, or emphysema or have developed it since the motion.
- Forced to have part of a lung removed because of cancer in 1997, Blais has smoked for 57 years and continues to this day. That suit was initially worth \$5.1 billion.

The case will mark the first time tobacco companies have gone to trial in a civil suit in this country — stemming from two cases that were filed in 1998, certified and consolidated in 2005 by Quebec Superior Court, and marked by motions, delays and appeals.

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EDMONTON STORIES FALLING SHORT AT \$5 PER SITE VISIT



**URBAN
COMPASS**
Terence Harding
edmonton@metronews.ca

The city's Edmonton Stories website is supposed to tell the world why Edmonton is a great place to work, live, play and do business.

This site has cost about \$3 million during the past three years and it's going to cost more. "But it's working," say our civic captains of communication. They point out that it has received almost 559,000 visits. That is an impressive number until you realize it amounts to paying \$5 for every hit. It's even less impressive when you realize that a talking kitten on YouTube got more than 14-million hits in two years. And that's without the aid of the hundreds of thousands of advertising dollars the city spends to promote the site.

What's being counted?

"It's important to note that there's a big difference between 559,000 visits and 559,000 unique visits. If I look at a story five times, that counts as five visits."

ment." Anyone who puts money into any venture expects a return. The desired return is usually set out before hand. This gives you the ability to measure how well your investment is actually doing. Is it meeting or exceeding the desired ROI?

So what did we get from the site that we would not have gotten otherwise?

"We increased awareness about Edmonton," might be the answer. To which I would say, "So what?" Awareness and action aren't the same thing.

If you've ever received a speeding ticket, the police officer probably asked you if you were aware of the speed limit. The answer would probably be yes, but clearly, being aware of the speed limit and going at the speed limit are two different things. Do you think people continue to smoke because they are unaware it's unhealthy?

How many investment dollars flowed into Edmonton because of the site? How many people moved here because of the site? How many tourists came here because of the site? It's only the answers to those kinds of questions that would tell us if we are getting a decent ROI on our \$2.8 million. If there are no answers to those questions, then Edmonton Stories is yet another example of communications flimflam.

Letters

Re: Slapping a filter on bottled water, by Ben Knight in the March 5, 2012, edition of Metro News.

Mr. Knight makes a number of statements that require correction.

Given that almost 70 per cent of water bottles were recycled across Canada last year, bottled water is not "a significant environmental concern." Water bottles represent less than a fifth of one per cent of the waste stream. If the industry ceased to exist tomorrow, there would be no

significant reduction in waste going to landfill.

The Federation of Canadian Municipalities did not advocate a ban on bottled water. It called for a reduction in use of bottled water in municipal facilities.

According to an independent study, the carbon footprint of a reusable water bottle is almost five times that of a full bottle of PET plastic-based bottled water.

**JOHN B. CHALLINOR II,
DIRECTOR OF CORPORATE AFFAIRS,
NESTLÉ WATERS CANADA**

Doghouse done up Wright



ALISSE GRATEHOUSE/THE ASSOCIATED PRESS; INSET: RICH PEDRONCELLI/THE ASSOCIATED PRESS

Architectural one-off

Master-crafted modest dog digs

Frank Lloyd Wright designed hundreds of landmark buildings during a prolific career that spanned more than seven decades. But in what is widely considered a first and only for the famed architect, Wright indulged a young boy's humble request for a doghouse in 1956 and sent him designs for the structure.

THE ASSOCIATED PRESS

No charge for the plan



"I was probably his youngest and poorest client."

Jim Berger, 68

Berger poses with his dog, Sir Charles Barkley, holding the letter he received from famed architect Frank Lloyd Wright who he had asked to design a doghouse for him. Berger was 12 when he wrote to Wright in 1956 asking him to design a home for his dog, Eddie. Wright indulged the young boy's humble request for a doghouse and sent him designs for the structure.

12-year-old's request

Wright designed Berger's family's home, prompting the boy to write to the architect.

• "I would appreciate it if you would design me a doghouse, which would be easy to build, but would go with our house," read the letter.

• Berger explained that he would pay Wright from the money he made from his paper route.

Triangular design

3x5x3

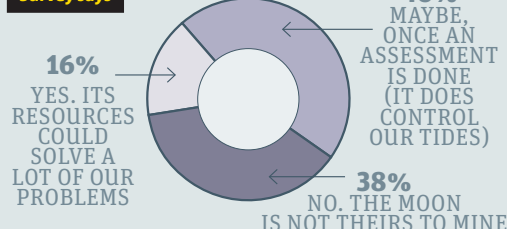
Berger rebuilt the doghouse last year with his brother, using the original plans. The roughly three-feet-wide-by-five-feet-long-by-three-feet-high doghouse has a sharp triangular shape, with a sloping shingled roof. It is made of Philippine mahogany and weighs about 113 kilograms.



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Should companies be seeking to mine the moon?

Survey says



Twitter

@frzfyd:

Wow, the new US departures lounge at #EIA is a huge (marginal) improvement! #yeg #gdl

@AMasse27:

Hello 6 hour drive. Time to leave now, and as soon as I get back to #yeg in watching #thewalking-dead

@C_Sparkss:

Another beautiful day in #yeg ! Done work and now time to

enjoy my Sunday. #sundayfunday

@brock_shepherd:

What's with airports turning into retail outlets? I guess we know where the "airport improvement" fees are going... #YEG

@Mike_W_Simpson:

Memo 2 people at bottle depots: if U don't wanna wait in the lines, don't go. Give your bottles to a team or charity bottle drive #yeg

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Colombia	from 3 ⁹ C/min	Mexico	from 1 ⁹ C/min	Trinidad	4 ⁹ C/min
Cuba	89 ⁹ C/min	Pakistan	5 ⁹ C/min	U.A.E	14 ⁹ C/min
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SCENE

Box office

Lorax tops ticket sales

Dr. Seuss' the Lorax has easily beaten Edgar Rice Burroughs' John Carter at the weekend box office. Studio estimates Sunday put The Lorax at No. 1 for the second-straight weekend as the animated adventure based on the children's book took in \$39.1 million. John Carter, based on Tarzan creator Burroughs' tales of the interplanetary adventurer, opened in second-place with \$30.1 million.

THE ASSOCIATED PRESS

On the Web



Squabbles, secrets and a spoiler: Desperate Housewives firing trial displays it all for jury



Salmon Fishing in the Yemen opens Friday. HANDOUT

Ewan McGregor gets 'hooked' on fly-fishing

Salmon Fishing in the Yemen. Film's star recalls a 'hooking' incident while trying to teach Emily Blunt how to cast a line



NED EHRBAR
Metro World News in Hollywood

Ewan McGregor learned the

hard way that when Salmon Fishing in the Yemen co-star Emily Blunt tries her hand at fishing, it can be dangerous — especially to the small and furry. "I just gave it a go because [McGregor and director Lasse Halstrom] persuaded me I should," Blunt remembers.

"I was perfectly happy sitting by the fireplace in our Scottish lodge. But Ewan insisted, saying, 'Come on!' And he has this lovely little dog, Sid, who's just our friend. I love that dog so much. He was just scam-

pering around behind me and I hooked him. First cast."

McGregor is quick to point out that the dog was uninjured. "It didn't go through his skin, it just got caught in his fur. He was all right," he says. "It was actually a very nice cast, as well. A very nice cast."

When it comes to his own fishing record, McGregor can't even count accidentally catching a canine, as his fly-fishing excursions have to date netted not a single fish.

"But whenever I've gone

Quiet time

"Whenever I've gone fishing it's to be quiet and contemplative and to be somewhere beautiful."

Ewan McGregor
Star of Salmon Fishing in the Yemen

fishing it's to be quiet and contemplative and to be somewhere beautiful. The actual catching of a fish is something that I'm not really interested in," he insists. "It's a lovely thing to learn to do. You're try-

ing to catch only fish that feed from the surface, and generally you do it in very beautiful places — Norway, Russia, Scotland — cold-water places. So I think it's very good for the soul."

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Aidan Quinn gets back in the saddle when it comes to mastering accents

Horses of McBride.

Hollywood actor works at perfecting the Alberta inflection for new TV movie based on a real horse rescue

When Canadian actors head to Hollywood, the first thing they usually have to hide is their accent. All those "oot" and "abouts" are jarring to American ears.

Yet when an American comes to Canada to play a role, they rarely are asked to sound Canadian. Don't tell that to Aidan Quinn, eh?

The Chicago native is in Alberta this month shooting *Horses of McBride*, a TV movie coming to CTV next Christmas. The scenic farmland near Turner Valley is doubling for the McBride, B.C., town where a community pulled together during Christmas 2008 to rescue two starving horses trapped on a



Aidan Quinn and Mackenzie Porter pose on location while filming the *Horses of McBride* in Alberta. HANDOUT/THE CANADIAN PRESS

snow-covered mountainside.

This isn't his first trip to Calgary. Quinn — who lives in New York — shot both *Legends of the Fall*, with Brad Pitt and Anthony Hopkins, and the

HBO drama *Bury My Heart at Wounded Knee* in and around the Alberta city.

"I'm kind of shocked to hear American actors don't usually do this," he says about his ef-

forts to sound more Canadian.

"What are actors supposed to do? You're supposed to play the accent for the people you're playing."

Quinn is working with

a dialect coach on the project, noting how, to his ear, Canadians tend to end sentences with a higher inflection.

THE CANADIAN PRESS

Accents

Hanging with Paul

Quinn mastered one famous accent when he was asked to play Paul McCartney for the 2000 TV movie *Two of Us*.

After shooting *Two of Us*, he travelled to an island resort. Coincidentally, McCartney was in the hut next door.

The actor had previously written a letter to the ex-Beatle inviting him to see the film. Quinn, who still had the letter on his laptop, printed it out, and slid it under McCartney's door.

"The next morning comes this guy whistling through our back bushes. It was McCartney, waving the letter, and saying, 'Hello! What's the meaning of this?'"

Whedon unveils latest work for fans at SXSW

The Cabin in the Woods.

Creator of cult fare gets warm welcome at film festival in Austin — won't give away plot

After several years of studio purgatory, Joss Whedon's long-shelved, much-anticipated horror film *The Cabin in the Woods* finally arrived before audiences at the South By Southwest Film Festival. Nobody complained about the delay. "It really holds up," deadpanned Whedon after the Friday evening premiere before a rapturous, hooting crowd at Austin's Paramount Theatre. "I would say, timeless classic."

The *Cabin in the Woods*, which Whedon produced and co-wrote with director Drew



Josh Whedon. GETTY IMAGES

Goddard, had been stuck in limbo after its studio, MGM, went bankrupt in 2010. It is being released by Lionsgate, opening on April 13.

The film couldn't have played better as the opener of SXSW, a festival known for its warm receptions to edgy popcorn fare. The SXSW crowds, currently attending the film festival and its

mobbed interactive section, regard Whedon as something of a geek god. The creator of the cult TV series *Buffy the Vampire Slayer* and *Firefly* is beloved for his witty genre inventions.

Hundreds of fans packed a Whedon question-and-answer panel Saturday. Talking about *The Cabin in the Woods*, which co-stars Richard Jenkins and Bradley Whitford, has proved challenging, since any discussion quickly leads to giving away its unpredictable plot.

Whedon granted that "awesome" was an acceptable, spoiler-free description, and few seemed to disagree Friday night. One attendee asked if he had intended to make "the last horror film of all time."

"Yes, that's it for horror," said Whedon. "Hope you like rom-coms, 'cause that's what you're getting."

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Vehicles may not be exactly as shown.

Will Britney be a judge on X Factor?

Britney Spears is reportedly close to signing a deal to be a new judge for the second season of the U.S. version of X Factor, according to the Hollywood Reporter.

And who's supposedly handling the deal for her? None other than her fiancé and former agent, Jason Trawick. Spears was rumoured to be a top contender to fill one of the judging spots left empty after Paula Abdul and Nicole Scherzinger departed the show.

"Are we flattered that there could be interest? Yes," Simon Cowell said last month, adding that he "can't confirm or deny any of those rumors at the moment."



Britney Spears. ALL PHOTOS GETTY IMAGES

Klum opens up about divorce

Heidi Klum understands that her split from Seal came as a shock to a lot of her fans.

"To the outside world, you don't really share all the things that happen. You kind of share just the most amazing sides," she tells Elle magazine.

And that's all she apparently wants to say on the matter: "I feel like already there are so many things being said about us — about him, about me. I'm not going to comment. Otherwise it makes you angry. You can't always call and say, 'This is not true, but this part is true.'"

Of course, Klum wishes her soon-to-be ex-husband would follow her example, since a lot of the quotes about their split are from Seal.

"He's a grown man. I can't tell him what to do and what not to do," Klum says. "It's hard."



Heidi Klum

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Money

What is Whitney worth?



THE
WORD
Dorothy Robinson
scene@metronews.ca

Although Whitney Houston's daughter Bobbi is set to inherit her mother's entire "fortune," a 2007 legal document uncovered by Radar Online shows that Houston's estate might not be as much as people are assuming.

An income and expense declaration during her divorce proceedings with Bobby Brown states that at the time, Houston had \$40,000 in cash, \$225,000 in stocks, and earned in excess of \$1 million for performances, per the site.

She declared owning two homes: one house in New Jersey, which was worth \$6.5 million (with \$3.247 million owed on the estate), and a townhouse in Atlanta, which was worth \$1.244 million (a reported \$1,046,603 was owed on that property).

"Whitney's bottom line was that she had \$10,242,931 in various assets, and had debts totaling \$4,294,014," states Radar Online.

Two things that might change the bottom line:

1. Any "income declara-

tion" you're going to show your ex-husband who is seeking your hard-earned money is going to hide a ton of cash.

2. Houston's recording contract was not listed as it was "considered separate property due to the prenuptial agreement the former couple had."

However, it's important to remember that Houston was also one of the world's best-selling music artists — having sold over 170 million albums, singles and videos worldwide. In 2001 she signed the biggest record deal in music history with Arista/BMG for \$100 million to deliver six new albums, on which she would also earn royalties. Yes, that contract is "separate" from that 2007 document but still, you would think there would be more cash than just \$6 million.



Paps can't find Lindsay Lohan

Lindsay Lohan is no longer shacking up at the Chateau Marmont, according to Radar Online.

"Lindsay left the hotel about two-and-a-half weeks ago. It was only temporary, but her new digs could be permanent," a source says.



And where exactly are those new digs? "For the first time in 10 years, the paparazzi don't know where she is living and she is enjoying not being hounded," the source adds. "Great precautions are being made whenever Lindsay comes and goes from her new residence so that she isn't spotted. Of course, that can't last forever, but it's a nice break for her to just relax a bit at home like a normal person."

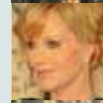
Twitter



@GaleCaldwin
Sugar will shorten your life.



@TheRealRoseanne
my 4 yr old grandson Ari asked why he should vote 4 me? i said, "because it means more cookies 4 U!"
Barr2012



@MelanieGriffith
Had the always great pleasure of spending time with Ms. Sharon Stone today! On her birthday!!



@ConanOBrien
I've been practicing for this year's St. Patrick's Day. Every morning, I have my personal trainer punch me in the face who brought babies to this bar?

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While studies differ on whether stay-at-home moms or working moms are happier, there are many other factors to a woman's happiness. ISTOCK

Stay-at-home mom versus working mom

Who's happier? It all depends on who you ask. Our Mommyish writer looks into the schism and wonders what it says about us



If you go by the latest British government study, stay-at-home moms are as content and satisfied with their lives as those who choose to work.

And yet another recent U.S. study, this one by care.com, found that eight out of 10 mothers enjoy being a working parent. In fact, a whopping 64 per cent said that work does not interfere with their ability to be a good parent. (I find this shocking, by the way.)

While the results of both studies are actually quite uplifting, I always take studies like these with a grain of salt.

Why? Because, like any controversial parenting topic out there, you can find whatever it is you're looking for on Google.

For example, I typed "co-sleeping is safe" into

Google and got 23,800,000 results. I then typed "co-sleeping is dangerous" and up came 2,650,000 results ("co-sleeping kills" gets 1,570,000).

My point is that you'll find tens of thousands of official "studies" and "expert opinions" on any given topic — and you'll choose to believe whatever it is you were looking for in the first place.

The same applies to the whole working mom vs. stay-at-home mom debate.

It's astounding to me how many studies have been conducted on the subject. And yet a woman's happiness level is based on so many factors that have nothing to do with research and statistics.

I have friends who stay at home who are very fulfilled. Actually, they're more than fulfilled! Most of them are busy, sure, but they still have time for daily workouts and social interaction (especially those with school-aged children).

I have an equal number of friends who have gone totally batty not working. In fact, they've chosen to go back to work for their own sanity even if they didn't need the money. (And, yes, they feel guilty about their decision.)

Of course, it would be nice if we all that choice — most women simply have to work

for financial reasons — but that's a whole other topic. (Let it be known that I also have friends who work and end up giving 100 per cent of their salary to their nanny.)

The same schism can be seen among the working moms I know (myself included).

We are forever feeling guilty about leaving our kids each day — despite what that care.com study claims — and yet we have even more guilt about not giving 100 per cent to our jobs because we're too busy focusing on our families.

Then there are the work-from-home moms, who have either the best or worst of both worlds — depending on how you look at it.

No matter what the "experts" tell us, only we know what works for our own family. And most moms I know need to be reminded of that every so often (OK, who are kidding? More like every day). Consider this your daily reminder.

Besides, if happiness could really be defined as stay-at-home mom versus working mother, we'd all have the golden answer. If only things were that simple...

SHAWNA COHEN (MOMMYISH.COM)



3

LIFE

Involve the kids

Kitchen helpers

Even young children can participate in meal preparation. Here's how:

- Let them tear foods like lettuce and pull grapes from vines.
- Have them set the oven timer and tell you when it's done.
- Allow them to push buttons on blenders, toasters and microwaves (with supervision).
- Get them to measure and then mix ingredients.

NEWS CANADA/
BREAKFASTFORLEARNING.CA



On the Web



Columnist's earnest review of Olive Garden becomes sensation.

Wild Rice Casserole: An elegant side dish for winter



This recipe serve six. THE CANADIAN PRESS H/O

This side dish idea is full of delicious dried fruits along with an apple to give you a sweet and tart tasting casserole.

Enjoy it alongside any family favourite roast.

1 In a small saucepan set over medium-high heat, melt butter; sauté onion and celery for 4 to 5 minutes or until soft. Stir in rosemary and thyme; remove from heat.

2 In a large bowl, combine cooked rice with onion mixture and stir in dates, apple, ham, apricots, salt and pepper.

Ingredients

- 45 ml (3 tbsp) butter
- 1 onion, chopped
- 2 stalks celery, chopped
- 5 ml (1 tsp) dried rosemary
- 15 ml (1 tbsp) dried thyme
- 1 L (4 cups) cooked wild and long grain rice mixture
- 250 ml (1 cup) Medjool dates, pitted and chopped
- 1 cooking apple, peeled, cored and chopped
- 150 ml (2/3 cup) diced cooked ham
- 125 ml (1/2 cup) diced dried apricots
- 3 ml (3/4 tsp) salt
- 2 ml (1/2 tsp) fresh pepper

3 Spoon into a buttered 2-l (8-cup) baking dish. Cover and bake in 180 C (350 F) oven for 30 minutes or until hot. **BARD VALLEY MEDJOL DATE GROWERS ASSOCIATION/ THE CANADIAN PRESS/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)**

Healthy eating

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Chips are not the healthiest choice for a snack to begin with. When you factor in that many popular options are deep fried and salty, the calories and sodium values shoot through the roof.

Cheetos (54 chips, 100 g)

600 cals, 40 g fat, 1,040 mg sodium

These cornmeal fried snacks have half your daily calories and sodium in one serving. A long list of ingredients including artificial flavours and colour is a red flag.



Equivalent

Eating 54 Cheetos is equivalent in fat to eating 10 mini messy chicken sandwiches from the kids' menu at Swiss Chalet.



Baked Lay's Chips (52 chips, 100 g)

400 calories, 6 g fat, 460 mg sodium

This is a much healthier snack in terms of fat and sodium with no preservatives. Just watch your portions.



Top Chef Canada returns with more emotion, bigger and better challenges

TV show. Season 1 became the highest rated show in Food Network Canada's history. Season 2 boasts a new host

Top Chef Canada season 2 boasts "bigger, more intense challenges" than those in season 1, but don't expect head judge and superstar cook Mark McEwan to be harder on this batch of contestants.

In fact, of the season 1 hopefuls, McEwan says: "I actually felt we pushed them too hard."

"I had moments where I thought maybe we were unfair, in terms of a balanced playing field," the renowned Toronto chef said in an interview to discuss Monday's season 2 debut on Food Network Canada.

"As it turned out, that wasn't the case because it all found a nice level. But I don't think you could be harder on them. I really don't," added McEwan, who runs the upscale restaurants North 44, Bymark, ONE and Fabbri.



Host Lisa Ray, head judge Mark McEwan and resident judge Shereen Arazm. THE CANADIAN PRESS/TOP CHEF CANADA H/O/ INSIGHT PRODUCTIONS - ANDREW MACNAUGHTAN

"We had people crying, screaming, yelling. It was more emotion. It was more dramatic."

"I think the personalities and the group dynamic between the chefs was sparky," said season 2 host Lisa Ray, star of films including Bollywood Hollywood, Cooking with Stella and Oscar-nomin-

ated Water.

"There were a lot of sparks going on, in a great way, because I think one of the best things about Top Chef is it's very respectful towards the culinary arts. It's about celebrating it and celebrating Canadian excellence, but at the same time you get behind the scenes."

Ray replaces last season's host, Thea Andrews, who couldn't return because she was pregnant at the time of taping last August, said a publicist for the show.

McEwan said Ray "came in seamlessly and felt so natural and comfortable" — and wasn't shy at the dinner table.

"You eat like a trucker. She

never stops eating," he said with a laugh as he sat next to the svelte Ray after a recent media event, in which six of the contestants took part in a mock "quickfire competition."

Ray said although she didn't know the terminology of a food critic when she first signed on to the show, she

Top Chef by the numbers

Here are some interesting facts about this season.

- **300.** The number of chefs who applied for a spot on this season of the series.
- **\$100,000.** The grand prize amount. There is also a GE Monogram kitchen worth \$30,000 included in the prize.
- **Three.** The number of female contestants.

did have a varied palate developed through her global travels and her upbringing in Toronto.

"Going back to Etobicoke, growing up as half-Polish, half-Indian, we had some very interesting culinary feasts," said the former model.

L.A. restaurateur Shereen Arazm returns as resident judge alongside several celebrity guest judges, including home renovation expert Mike Holmes and Toronto Maple Leafs forward Colby Armstrong.

THE CANADIAN PRESS



There is no need to hide. Green playgrounds are popping up all over Canada / ISTOCK PHOTOS

Greener playgrounds makes for generation of healthier children

A connection to nature can improve life quality. Play spaces with a green setup are popping up all over Canada

BEN KNIGHT
For Metro

Imagine an all-natural playground. Instead of traditional steel and plastic, there's a hill, a pond and a big rock to climb on instead of a jungle gym. No need to imagine. They're being built all over Canada.

"What we try to do is come up with cool, fun, wacky, interesting configurations of all of these natural elements, that kids think is an exciting thing to do," says Adam Bienenstock, founder and CEO of Bienenstock Natural Playgrounds.

"Honestly, on an evolutionary scale, we are hard-wired for being connected to nature. It's in our DNA. We identify ourselves as Canadians by the land, and the

iconic features around it. Kids don't have a problem getting this stuff — at all."

Bienenstock cites studies that show real benefits for getting children in touch with nature, even if it's just a local playground instead of a forest or National Park.

"If you have a green park, and a green canopy of trees between your house and that green park, by the time you're 18 you have a 40 per cent lower chance of being obese," he notes.

This becomes crucially important, given the ever-rising amounts of time children spend watching TV or playing video games. "The average for kids — from eight to 18 — in terms of screen time is 52.5 hours a week. We're talking about sedentary lifestyles, childhood obesity, all of that stuff, and that's the stuff that I work on directly."

The company has forged partnerships with Right to Play, Participation, Parks Canada and Canadian Wildlife Federation, who all have a primary focus on getting Canadian children more active.

"There's no problem with a slide," Bienenstock believes, "but let's put it in the side of a hill. There's no problem having a play structure, but let's have it be a giant boulder. Let's make it challenging for the kids — and connect them to nature."

The benefits, he argues, will be significant — and lasting.

"It doesn't matter whether you have a gun rack on the back of your Hummer, or if you're driving a Prius or you're cycling, this is the thing you can agree is the right thing to do."

For more information: greenplaygrounds.ca.

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Manjit Minhas, CEO of Minhas Creek Craft Brewing Co. PROVIDED

'I'm 31 years old and I couldn't really ask for anything else'

Raise your glass.
Entrepreneur Manjit Minhas has brewed a \$120 million business



TURNING POINT
Teresa Kruze
life@metronews.ca

Manjit Minhas' lemonade stand in Calgary had a revolving sign.

The 10-year-old entrepreneur, along with her brother Ravinder, would charge the kids in their neighbourhood 25 cents a cup. When an adult would approach, their sign switched to 50 cents.

"My mom wasn't impressed," Manjit laughs, "but we thought we were really smart."

By the time they got to University, Manjit and her

brother had created an in-house brand of spirits for their parent's liquor store chain, and then got into the beer business by creating Mountain Crest Lager.

Their "Buck a Beer" marketing campaign caught fire and the profits started to roll in.

In 2006 they bought one of the oldest breweries in the U.S., and became the youngest brewery owners in the World.

Five years later, their companies posted revenues in excess of \$120 million.

"I'm 31 years old, I couldn't really ask for anything else. I have a healthy family, friends and business. We've been at this a decade and there have been failures along the way but they are good learning points," says Manjit.

Now, that's turning the lemons of business into brewery gold.

That's the spirit!

Advice from an entrepreneur

- **Believe in your product.** Have passion for what you do.
- **Set your goals.** They will provide a vision for yourself and the company.
- **Keep a tight pocket in the beginning.** Expenses can go out of control and make or break you. It's important to keep a close eye on overhead.
- **There is no substitute for hard work.** Success is not built overnight, it takes lots of hard work and perseverance.
- **Your product or service should be flexible.** It's remarkable how a little bit of tweaking in product or service can make a difference in the tough times.

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Keys to a happy workplace

Jolly on the job. It might just be possible for you to wake up wanting to go to work

TIFFANY KANG
Metro World News in New York

Not much annoys employees more than a broken coffee machine — unless you're counting the job itself.

According to a recent survey by Right Management's talent

and career services, the majority of American employees describe their present work situation as unrewarding.

Talent management expert Ron Sims attributes the workplace blues primarily to feelings of confinement. With drastic reductions in staff over the last several years, "companies are doing a lot more with a lot less people, so workers can't afford to leave," he says.

Despite the slump, companies can still incorporate optimism into the picture. Sims lists three components to a happy work environment.

Appreciative

"People feel valued. What we have found critical is the importance of recognition and acknowledgement, even in gestures as simple as coming around and thanking people for their time and work."

Honest

"Management is open and transparent. The company encourages everyone to discuss concerns."

Proactive

"Though the situation is tight, there are still career manage-

ment opportunities to learn and develop within the company."

Look on the bright side

It's not as tough as it seems.

- **Advice.** "Folks who handle this the best are those that understand the context. Instead of complaining, there may be something you can do in the job to make yourself more satisfied and, frankly, more happy."

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Free those feet for a healthy life

Dance revolution.

A Canadian dance company is encouraging kids to step to their own beat

With each new tune pumping through the speakers, the energetic students seamlessly transform from mimicking the limber movements of a monkey to simulating the rapid-fire hand motions of a seasoned drummer.

It's likely not what most would expect from a typical dance class — but it's just how Michelle Hillier likes it.

Hillier is the founder of Fit2Dance, a Canadian dance education company with a program aimed at getting children moving. Rather than having kids follow choreographed steps, the GROOVE method KIDS program encourages youngsters to put their own footprint on dance-inspired movements.

"Dance education is about kids moving their bodies, expressing their personal feelings and ideas and just having fun through movement," said Hillier, who formerly taught dance and drama to high school students.

"That's what drove me to create the program: to let kids just dance without all those rules and restrictions that we put on dance. But that's why teachers aren't teaching dance — because they feel that that's what they have to do."

Research was conducted to determine the skills kids need to be developing from a fundamental movement standpoint, such as skipping, galloping, running, balancing and rolling, Hillier noted.

On a recent snowy morning at a Toronto elementary school, instructor Amy Teperman led youngsters in movements inspired by such

Get moving!

"Dance education is about kids moving their bodies, expressing their personal feelings and ideas and just having fun with movement."

Michelle Hillier, Founder of Fit2Dance.


dance genres as hip-hop, bhangra, African and tango. Students bounded about the gym while following her instructions to jump, stomp,

lunge, hop, balance on one leg, clasp their hands, flick their wrists and strike a pose — all while stepping to their own beat.

"How weird can you make your shapes?" she belted, as the students contorted their bodies.


Fit2Dance takes the program to more than 250 schools in Ontario, and plans are underway to expand within Canada, the U.S. and Australia.

Revised guidelines released last year by the Canadian Society for Exercise Physiology recommend



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Fit2Dance has a unique approach to getting kids moving, with a program eschewing formal choreography in favour of letting kids move without restriction. NATHAN DENETTE/THE CANADIAN PRESS

Canadian children and youth aged five to 17 get at least 60 minutes of moderate- to vigorous-intensity physical activity daily.

However, data from the Canadian Health Measures

Survey found that only nine per cent of boys and four per cent of girls were meeting those targets, according to the 2011 Active Healthy Kids Canada Report Card.

THE CANADIAN PRESS



Outfit yourself for success. ISTOCK

A flawless first interview

BRUCE WALSH
life@metronews.ca

The dreaded job interview is a crucial hurdle to entering the job market. Author Lindsey Pollak's book, *Getting from College to Career*, was recently re-released by HarperCollins and updated to reflect the changing economy and technologies.

What's the first step to preparing for a job interview?

The biggest mistake people make is saying, "I'll just be myself. I'll wing it." You need to research the organization: Visit its website, follow it on Twitter or Facebook, find out something about its products and services, culture, competitors and CEO.

How can you weave that information into the conversation in a natural way?

A lot of people go into inter-

views only thinking about themselves: "How am I going to make them think that I'm great?" But if you can think about it from their perspective, you can really help yourself. They don't just want someone great; they want a great fit for who they are. The goal is to sound more like a peer or an industry insider, rather than someone starting from the beginning.

What are some common

beginner mistakes?

I'm always surprised how many recruiters say people are late or dressed improperly. Another obvious no-no is leaving your cell phone on during the interview. Don't tell them you're interested in other fields. It's OK to have other interests, but your job in the interview is to get that specific job. Don't talk about anything salary-related in the initial interview.

YMCA extends branch to troubled youth

Caring for the kids.

Organization amps up efforts to reach a younger generation

Two years ago, Caitlynn Stranger saw the YMCA as nothing more than a place to hang out and get into trouble.

While loitering behind one of its Winnipeg branches with friends and clashing with authority figures who questioned her presence there, she never imagined the inside of the building would have any appeal.

But when Stranger began doing some community work, the Y soon took on a different role in her life.

Hours pushing a broom through the building soon led to involvement with one of the organization's after-school sports programs for primary school children from troubled neighbourhoods, then to a month at a YMCA summer camp for at-risk youth.

Two years after furtively sneaking onto the grounds, Stranger now walks through the front door after school to

Quoted

"Research demonstrates that many of the factors that influence whether you're going to live a healthy life have to do with things like your income level, your education level, your social network."

Scott Haldane, chief executive of YMCA Canada

teach children how to use the Y's climbing wall.

The extracurricular programs that have filled her lei-

Tough stuff

A safe space to learn

- Tahirah Stanley, 22, said she routinely confuses the sounds of fireworks with the noise of fatal gunshots in her Toronto neighbourhood, one of which struck down a childhood friend just months ago.
- The after-school programs at the YMCA that consumed her time as a teenager, she said, gave her the tools to offer resources to the community she loves in spite of its tensions.

sure hours during those years, she says, have almost single-handedly saved her from the influence of peers who were leading her down a dangerous path.

"If I had activities to do, I don't think I would have gotten involved in any of that," Stranger, 17, said in a telephone interview. "I would have met more people that were good for me and weren't involved in that stuff to begin with."

Stranger was the beneficiary of the YMCA's youth outreach strategy, which the organization describes as the hidden face of its operations.

YMCA Canada chief executive Scott Haldane said more than two million children and young adults walked through the Y's doors last year to take part in the organization's array of youth programs, add-



The YMCA has become something of a safe haven for at-risk youth. ISTOCK

ing the figure has soared by up to eight per cent in the past decade.

The fitness and recreation facilities that have given the Y nationwide brand recognition barely touch on the complex

needs of the young people the organization serves, he said.

After-school childcare, youth employment training seminars, language skills classes for new young immigrants, after-school leadership courses and summer camp programs all fall under the auspices of the organization's youth strategy, he said.

"Research demonstrates that many of the factors that influence whether you're going to live a healthy life have to do with things like your income level, your education level, your social network. They don't have to do with things like hospitals and doctors," Haldane said.

"One of the things we've done is really realized that if we're going to have an over-

all impact on the health of children of Canada, which frankly doesn't score very well, we have to help low-income people have access to programs and reach out to make sure that education and recreational opportunities are there."

Haldane said the organization picks up the tab for at least a quarter of its youth participants, who often come from troubled circumstances and lack the financial resources to take part without help.

A current campaign to raise \$10 million, he said, would allow the organization to keep pace with rising demand and hopefully expand to more remote communities crying out for relief.

THE CANADIAN PRESS

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ALEXANDRIA MAH WORKS FULL-TIME as a Revenue Canada auditor, plays intercollegiate soccer for the NAIT Oaks, and is pursuing both a degree and a CGA credential. She needed a degree program that delivered flexibility and results – and found it in NAIT's Bachelor of Business Administration.

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Bears can't deny dynasty

CIS. Carleton has now won eight men's basketball titles in the last 10 seasons



MATTHEW WUEST
Metro in Halifax

The Carleton Ravens came to Halifax with a group of die-hard fans flaunting the T-shirt slogan "chasing gr8ness," and left having achieved it in dominating fashion.

The Ravens completed an undefeated season for the ages on Sunday with their record-tying eighth Canadian Interuniversity Sport men's basketball title in the past 10 years, matching the Victoria Vikes' standard by beating the Alberta Golden Bears 86-67 in the Final 8 championship game at the Metro Centre.

It completed a remarkable 34-game run of wins in which the Ravens outscored opponents by an average of 38.6 points in the regular season and a comfortable 17-point margin in three games at the Final 8.

"It's pretty special," said tournament MVP Philip Scrubb after delivering a 26-point effort, as the Ravens celebrated their seventh straight win on the Metro Centre hardwood. "A lot of guys put a lot of time and effort into this program and it's good to carry on the tradition. We just try to win every year, and to get eight is just amazing."

It was clear it was going to be a good day for the Ravens when Scrubb and Tyson Hinz — the reigning CIS players of the year — hit 13-of-18 shots in the first half and combined for 35 points to put the Golden Bears in a 20-point hole at the break.

But if it wasn't Hinz or Scrubb terrorizing opponents, somebody else inevitably stepped up, usually with a well-timed dagger from the



Carleton forward Kevin Churchill fouls University of Alberta forward Lyndon Taylor. RYAN TAPLIN/METRO IN HALIFAX

three-point range.

Willy Manigat, a fifth-year guard who came off the bench, nailed seven three-pointers in the final two games. Thomas Scrubb, Philip's older brother

and another key sub off the bench, dropped 4-of-5 from beyond the arc in a semifinal win over the Fraser Valley Cascades on Saturday. Elliott Thompson, a fifth-year starter,

sank four threes in the fourth quarter on Friday to knock off the home-province favourite Acadia Axemen in the quarterfinals.

"It takes a team effort,"

Other action

In Sunday's bronze-medal game, St. Francis Xavier defeated Fraser Valley 89-86.

- Jeremy Dunn of Wolfville, N.S., had 28 points, eight rebounds and six assists for No. 6 St. FX. Terry Thomas of East Preston, N.S., had 13 points.

- Kyle Grewal of Surrey, B.C., scored 35 points and collected 14 rebounds for No. 5 Fraser Valley.

- In the consolation final, the No. 8 Acadia Axemen needed a late comeback to beat the No. 7 Ryerson Rams 90-83 in overtime.

- Acadia, which trailed by seven points heading into the fourth quarter, got 21 points and 12 rebounds from Kingston, Ont., native Owen Klassen.

THE CANADIAN PRESS

said Hinz, who had 16 of his 20 points in the first half. "Everyone has to step up at different points. As everyone saw here this weekend, somebody different stepped up for us every quarter."

It wasn't just about scoring for the Ravens. No opponent cracked the 70-point barrier against them at the Final 8, a credit to their overall team defence.

"It's not just one or two good players," said Golden Bears head coach Greg Francis. "He (Ravens head coach Dave Smart) has a system, he develops guys, and he's become the model and the gold standard in the country."

Eight might not be enough for the Ravens' seemingly unquenchable title thirst, with only three players not eligible to return next season.

"I just hope the guys can beat it next year," Thompson said with a smile. "I think that'd be a bit better than tying it."

Brier. 'Monkey off our back': Howard defeats Koe in final

Glenn Howard didn't let the Brier Tankard slip through his fingers this time.

Often a finalist at the Canadian men's curling championship, Howard was building a reputation for losing championship games. He put that behind him as he led Ontario to a 7-6 win over Alberta's Kevin Koe in the final of the Tim Hortons Brier on Sunday.

Howard, third Wayne Middaugh, second Brent Laing and Craig Savill will represent Canada at the world men's championship March 31 to April 8 in Basel, Switzerland.

It was the sixth Brier final in

seven years for Howard and his front end of Laing and Savill, but just their second victory. They won the Canadian title in 2007.

"Little bit of a monkey off our back, I think," Howard said. "I'm proud of the guys. They didn't miss anything. They brought it tonight."

Howard, 49, also won two Briers playing third for brother Russ in 1987 and 1993. They reached the Canadian final five times.

Middaugh, who skipped Ontario to Canadian and world titles in 1998, joined the Coldwater Curling Club team at

third prior to this season after Richard Hart retired. Middaugh was given the Hec Gervais award that goes to the most valuable player in the playoffs.

Howard, Alberta's Kevin Martin and Manitoba's Jeff Stoughton are Canada's heavyweights in men's curling. The odds are one of those three will represent Canada at the 2014 Winter Olympics.

But four losses in five Brier finals from 2006 to 2011, plus falling to Martin in the final of the 2009 Olympic trials, raised questions about Howard's ability to finish the job.

He proved he could finish in



Glenn Howard stretches before his match with Kevin Koe on Sunday. JONATHAN HAYWARD/THE CANADIAN PRESS

Saskatoon. Ontario played five extra-end games in the round robin and Savill was ill with a stomach ailment, yet they topped the preliminary round at 10-1. Howard then dominated Manitoba's Rob Fowler 9-3 in the playoff game between the top two seeds.

Fowler won the bronze medal with an 8-7 win in an extra end over Jamie Koe of Yukon and Northwest Territories.

Ontario completely controlled the first seven ends of the final, making no errors and pouncing on Alberta mistakes to lead 4-2 after five ends and 6-2 after six. **THE CANADIAN PRESS**



Oilers preview

San Jose at Edmonton, 7:30 p.m. (TSN)

The Oilers (26-35-7) host San Jose (33-25-9), which is winless in five games. The Sharks have been shut out twice this month, most recently losing 3-0 to Phoenix on Saturday.

Patrick Marleau has one point in his last six games. Joe Pavelski has one point in his last seven games. Antti Niemi hasn't allowed more than three goals in a game since Feb. 16, but only has two wins in that span. Martin Haylat (hamstring surgery) is travelling with the team but isn't cleared to play.

THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	68	43	18	2	5	188	148	93	23-7-0-2	20-11-2-3	5-3-1-1	W1
d-Boston	68	40	25	1	2	222	164	83	20-13-1-1	20-12-0-1	4-5-0-1	L2
d-Florida	68	32	23	5	8	166	191	77	17-9-1-7	15-14-4-1	5-3-0-2	W1
Pittsburgh	68	42	21	2	3	219	173	89	24-8-2-0	18-13-0-3	9-1-0-0	W9
Philadelphia	68	39	22	2	5	220	197	85	17-10-1-4	22-12-1-1	7-3-0-0	W1
New Jersey	69	40	24	2	3	195	179	85	19-12-0-3	21-12-2-0	5-4-1-0	L4
Ottawa	70	36	25	6	3	216	206	81	18-13-2-2	18-12-4-1	6-3-0-1	L1
Washington	69	35	28	3	3	184	193	76	23-10-1-2	12-18-2-1	6-3-1-0	W3
Winnipeg	69	32	29	4	4	181	195	72	21-10-1-3	11-19-3-1	5-3-1-1	L2
d-Vancouver	69	32	29	4	4	171	194	72	21-11-3-4	15-18-1-0	7-2-1-0	W1
Tampa Bay	68	31	30	4	3	191	233	69	20-11-1-1	11-19-3-2	5-4-1-0	L3
Toronto	69	30	31	4	4	200	212	68	16-13-3-3	14-18-1-1	1-7-1-1	L4
Carolina	69	26	28	9	6	181	207	67	17-13-1-5	9-15-0-1	4-2-2-2	L1
NY Islanders	69	28	31	7	3	159	201	66	15-15-5-0	13-16-3-2	3-5-2-0	L3
Montreal	69	27	32	2	8	183	193	64	12-15-2-6	15-17-0-2	3-7-0-0	W2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-St. Louis	70	45	18	1	6	183	135	97	28-4-1-3	17-14-0-3	9-1-0-0	W5
d-Vancouver	69	42	19	1	7	215	172	92	20-9-0-4	22-10-1-2	4-4-1-1	L1
d-Dallas	69	38	26	1	4	185	183	81	20-12-0-3	18-14-1-1	9-0-0-1	W5
Detroit	69	44	22	1	2	217	162	91	28-4-1-1	16-18-0-1	4-5-0-1	L1
Nashville	68	40	21	3	4	195	175	87	23-8-2-3	17-13-1-1	7-2-0-1	W2
Chicago	70	37	25	4	4	209	206	82	23-7-1-4	14-18-3-0	5-4-0-1	L1
Phoenix	69	34	25	3	7	178	173	78	18-12-2-3	16-13-1-4	5-4-0-1	W1
Calgary	69	32	25	5	7	173	191	76	18-9-1-4	14-15-4-3	4-2-1-3	W3
Los Angeles	69	32	25	5	7	154	152	76	17-13-0-4	15-12-5-3	5-4-0-1	W1
Colorado	70	36	30	3	1	183	187	76	20-15-0-1	16-15-3-0	7-3-0-0	W1
San Jose	67	33	25	4	5	184	173	75	19-11-2-1	14-14-2-4	2-6-0-2	L5
Anaheim	69	29	30	4	6	171	193	68	18-14-2-0	11-16-2-6	4-6-0-0	L2
Minnesota	69	29	30	2	8	150	193	68	15-13-1-3	14-17-1-5	3-6-0-1	L1
Edmonton	68	26	35	3	4	180	265	59	16-14-2-0	10-21-1-2	4-5-1-0	L2
Columbus	69	22	40	2	5	161	223	51	13-20-1-2	9-20-1-3	5-5-0-0	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Calgary 4 Minnesota 3
Washington 2 Toronto 0
Pittsburgh 5 Boston 2
Florida 2 Carolina 0
Los Angeles 3 Chicago 2 (SO)
St. Louis 2 Columbus 1
New Jersey 4 Philadelphia 1
N.Y. Rangers 4 N.Y. Islanders 3 (OT)

Saturday's results

Montreal 4 Vancouver 1
Buffalo 4 Ottawa 3 (SO)
Colorado 3 Edmonton 2 (SO)
Philadelphia 1 Toronto 0 (SO)
Carolina 4 Tampa Bay 2
Dallas 2 Anaheim 0
Nashville 3 Detroit 2
New Jersey 2 N.Y. Islanders 1
Phoenix 3 San Jose 0
St. Louis 4 Columbus 1
Washington 4 Boston 3

Tonight's games

Montreal at Buffalo, 7 p.m.
Anaheim at Colorado, 9 p.m.
San Jose at Edmonton, 9:30 p.m.
Nashville at Phoenix, 10 p.m.

Tomorrow's games

Washington at N.Y. Islanders, 7 p.m.
Carolina at N.Y. Rangers, 7 p.m.
New Jersey at Philadelphia, 7 p.m.
Boston at Tampa Bay, 7:30 p.m.
Toronto at Florida, 7:30 p.m.
Dallas at Minnesota, 8 p.m.
St. Louis at Chicago, 8:30 p.m.
San Jose at Calgary, 9 p.m.
Detroit at Los Angeles, 10:30 p.m.

Wednesday's games

Colorado at Buffalo, 7:30 p.m.
Ottawa at Montreal, 7:30 p.m.
Dallas at Winnipeg, 8:30 p.m.
Columbus at Edmonton, 10 p.m.
Phoenix at Vancouver, 10 p.m.
Detroit at Anaheim, 10 p.m.

Calgary 13 5 7 25
Minnesota 5 7 15 27

Goal — Calgary: Kiprusoff (W,31-19-8); Minnesota: Hackett (L,3-3-0).

Power plays (goals-chances) — Calgary: 0-0; Minnesota: 0-1.

Referees — Stephen Walkom, Francois St. Laurent. **Linesmen** — Scott Driscoll, Lonnie Cameron.

Attendance — 17,119 (18,064).

SATURDAY

CANADIENS 4, CANUCKS 1

First Period

No Scoring.

Penalties — Palushaj Mtl (tripping) 8:54, Biek-sa Vcr (tripping) 18:12, Subban Mtl (roughing) 19:59.

Second Period

1. Vancouver, Kesler 21 (Booth, Higgins) 11:58
2. Montreal, Geoffrion 1 (Leblanc, Weber) 18:43

Penalties — Staubitz Mtl, Kassian Vcr (fighting) 4:55, White Mtl (high-sticking), Raymond Vcr (high-sticking) 14:47.

Third Period

3. Montreal, Cole 25 (Paciorety, Gorges) 0:13
4. Montreal, Subban 7 (Markov, Plekanec) 5:20 (pp)

5. Montreal, Cole 25 (Paciorety) 11:02

Penalties — Edler Vcr (delay of game) 3:21, Higgins Vcr (delay of game) 4:37, Campoli Mtl (roughing), Burrows Vcr (roughing) 12:38, Kassian Vcr (misconduct) 15:33, Price Mtl (roughing), Weber Mtl (high-sticking), Burrows Vcr (slashing) 20:00.

Shots on goal by

Montreal 5 12 18 35
Vancouver 15 7 11 33

Goal — Montreal: Price (W,24-26-9); Vancouver: Luongo (L,27-13-7).

Power plays (goals-chances) — Montreal: 1-3; Vancouver: 0-2.

Referees — Kevin Pollock, Dave Jackson.

Linesmen — Jay Sharrers, Brad Lazarowich.

Attendance — 18,860 (18,860).

SABRES 4, SENATORS 3 (SO)

First Period

1. Ottawa, Condra 8, 8:27 (sh)

Penalties — Michalek Ott (interference) 6:46, Pominville Buf (slashing) 16:19.

Second Period

2. Buffalo, Gerbe 6 (Ehrhoff, Roy) 9:28

3. Ottawa, Karlsson 17 (Neil, N.Foligno) 11:42

4. Buffalo, Ennis 8 (Leopold, Leino) 19:41

Penalties — None.

Shots on goal by
Toronto 7 9 7 23
Washington 8 8 7 23

Goal — Toronto: Gustavsson (L,17-16-3); Washington: Neuvirth (W,10-11-4).

Power plays (goals-chances) — Toronto: 0-1; Washington: 0-1.

Referees — Dennis LaRue, Tim Peel. **Linesmen** — Steve Miller, Scott Cherrey.

Attendance — 18,506 (18,398).

FLAMES 4, WILD 3

First Period

1. Calgary, Iginla 29 (Tanguay, Stajan) 9:31

Penalties — Desbiens Cal, Kassian Min (fighting) 10:38, Calgary bench (too many men; served by Baertschi) 18:27.

Second Period

No Scoring.

Penalties — None.

Third Period

2. Calgary, Baertschi 1 (Smith, Kostopoulos) 1:43

3. Minnesota, Christensen 2, 2:10

4. Minnesota, Christensen 3 (Spurgeon, Veilleux) 4:30

5. Calgary, Glennon 25 (Iginla) 10:17

6. Calgary, Jokinen 21 (Moss, Glennon) 14:42

7. Minnesota, Setoguchi 18 (Brodzjak, Gilbert) 18:56

Penalties — None.

Shots on goal by

ing) 6:09, Hartnell Pha (interference) 13:03, Read Phi (high-sticking) 17:07.

Third Period — No Scoring.

Penalties — None.

Overtime — No Scoring.

Penalties — None.

Shootout

Philadelphia wins 1-0

Toronto (0) — Bozak, miss; Grabovski, miss; Kessel, miss.

Philadelphia (1) — Simmonds, miss; Giroux, goal.

Shots on goal by
Philadelphia 8 9 6 4-27
Toronto 6 9 10 4-29

Goal — Philadelphia: Bryzgalov (W,27-13-6)

Toronto: Gustavsson (L,17-16-2).

Power plays (goals-chances) — Philadelphia: 0-0 Toronto: 0-3.

Attendance — 19,559 (18,819).

AVALANCHE 3, OILERS 2 (SO)

First Period

1. Edmonton, Smyth 19 (Nugent-Hopkins, Eberle) 19:23

Penalty — Porter Col (hooking) 8:12.

Second Period

2. Colorado, McLeod 6 (Wilson, Porter) 4:44

3. Colorado, Mueller 6 (Hejduk, Olver) 10:05

Penalties — McGinn Col (high-sticking) 0:59, Sutton Edm (slashing) 10:38.

Third Period

4. Edmonton, Hall 25 (Eberle) 15:17

Penalty — Sutton Edm (tripping) 4:03.

Overtime

No Scoring.

Penalties — None.

Shootout

Colorado wins 2-0

Edmonton (0) — Eberle, miss; Gagner, miss.

Colorado (2) — Hejduk, goal; Mueller, goal.

Shots on goal by

Edmonton 11 8 8 3-30
Colorado 8 16 6 3-32

Goal — Edmonton: Khabibulin (L,12-19-6); Colorado: Varlamov (W,21-20-2).

Power plays (goals-chances) — Edmonton: 0-2; Colorado: 0-2.

Attendance — 15,683 (18,007).

GOLF

CADILLAC CHAMPIONSHIP

At Doral, Fla.

Par 72

Final Round

Justin Rose, \$1,400,000 69-64-69-70—272
Bubba Watson, \$845,000 70-62-67-74—273
Perry McIlroy, \$516,000 73-69-65-67—274
Rory Hanson, \$362,500 70-65-69-71—275
Charl Schwartzel, \$362,500 68-69-70-68—275
Luke Donald, \$260,000 70-68-69-69—276
John Senden, \$260,000 76-67-68-65—276
Keegan Bradley, \$165,000 69-67-66-75—277
Matt Kuchar, \$165,000 72-67-66-72—277
Steve Stricker, \$165,000 69-70-69-69—277

PUERTO RICO OPEN

At Rio Grande, Puerto Rico

Par 72

Final Round

George McNeill, \$630,000 66-70-67-69—272
Ryo Ishikawa, \$378,000 70-67-69-68—274
Henrik Stenson, \$203,000 70-69-65-71—275
Boo Weekley, \$203,000 70-68-71-66—275
Scott Brown, \$133,000 69-72-65-70—276
Matt Jones, \$133,000 66-67-72-71—276
Kevin Stadler, \$112,875 69-69-66-73—277
Daniel Summerhays, \$112,875 68-70-68-71—277
Blake Adams, \$94,500 74-68-68-68—278
Graham DeLaet, \$94,500 69-70-68-71—278

Also

Graham DeLaet (\$38, \$94,500 69-70-68-71—278

MLB

SPRING TRAINING

AMERICAN LEAGUE

	W	L	Pct
Detroit	6	1	.857
Toronto	7	2	.778
Boston	5	2	.714
Oakland	7	3	.700
Seattle	7	3	.700
Los Angeles	5	3	.625
Baltimore	4	3	.571
Kansas City	5	4	.556
Minnesota	5	5	.500
New York	5	5	.500
Texas	3	5	.375
Tampa Bay	3	6	.333
Chicago	2	6	.250
Cleveland	2	7	.222

NATIONAL LEAGUE

	W	L	Pct
Los Angeles	5	1	.833
Miami	5	2	.714
San Francisco	7	3	.700
Washington	4	3	.571
Cincinnati	5	4	.556
Chicago	4	4	.500
Houston	4	4	.500
Milwaukee	4	4	.500
Philadelphia	4	5	.444
St. Louis	2	3	.400
Arizona	3	5	.375
New York	3	5	.375
Pittsburgh	3	6	.333
San Diego	3	6	.333
Colorado	2	6	.250
Atlanta	1	9	.100

Yesterday's results

N.Y. Yankees (ss) 3, Philadelphia (ss) 0

Tampa Bay 4, Pittsburgh 3

Philadelphia (ss) 4, Detroit (ss) 4, tie, 10 innings

Toronto (ss) vs. Atlanta (ss) at Kissimmee, Fla., ccd., Rain

Detroit (ss) vs. Houston at Kissimmee, Fla., ccd., Rain

Boston 6, Baltimore 1

Minnesota 5, N.Y. Yankees (ss) 1

Toronto (ss) 9, Atlanta (ss) 5

Washington vs. St. Louis at Jupiter, Fla., ccd., Rain

Miami 4, N.Y. Mets 2, 5 innings

L.A. Dodgers 5, Chicago Cubs 0

L.A. Angels (ss) 17, Cleveland (ss) 2

Oakland 10, Kansas City 8

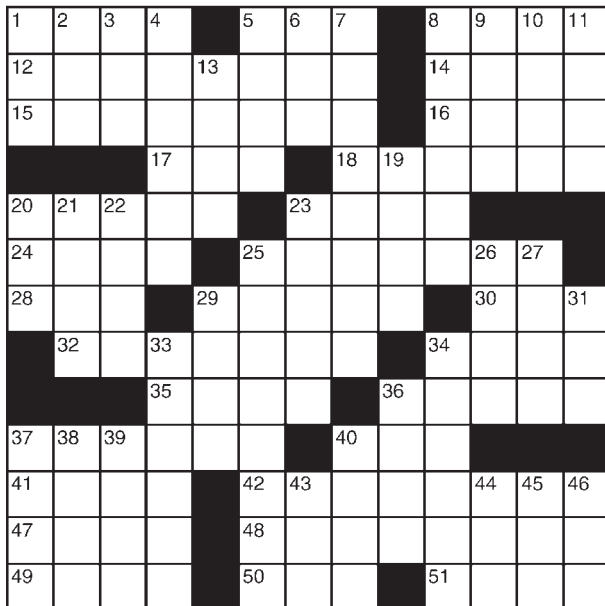
Crossword

Across

1 — and aahs
5 Stir-frying vessel
8 Gets older
12 Opening night
14 Cat of "Iron Chef"
15 Priesthood school
16 Barrel
17 Actor Chaney
18 Slim and trim
20 Extraterrestrial
23 Put your foot down?
24 Infant
25 Cabal member
28 High card
29 Sacha Baron Cohen portrayal
30 Haul
32 Emulate Ponce de Leon
34 Car
35 Freeway access
36 "The — Is Right"
37 Horseradish kin
40 That woman
41 Partner
42 Florida State athlete
47 Libertine
48 Makes like
49 Act
50 Used a shovel
51 Halt

Down

1 Photo — (PR events) 2
Raw rock
3 Height of fashion?
4 John le Carré hero
5 Remove gradually
6 Hockey legend
Bobby



7 Pennsylvania, the — State
8 Take
9 Soccer score
10 Formerly, formerly
11 Rice wine
13 Part of the loop
19 White House turndown
20 Lawyers' org.
21 "Arsenic and Old —"
22 Mountain goat
23 Drink noisily
25 Made a vow
26 Needle case
27 Campus mil. grp.

29 Spill the beans
31 Trouble
33 Beseeched
34 Sports venues
36 Collins or Donahue
37 Prison division
38 Lotion additive
39 Pivot
40 Too confident
43 Ostrich's kin
44 Mel of Coopers-town
45 Virgo neighbor
46 Kreskin's claim

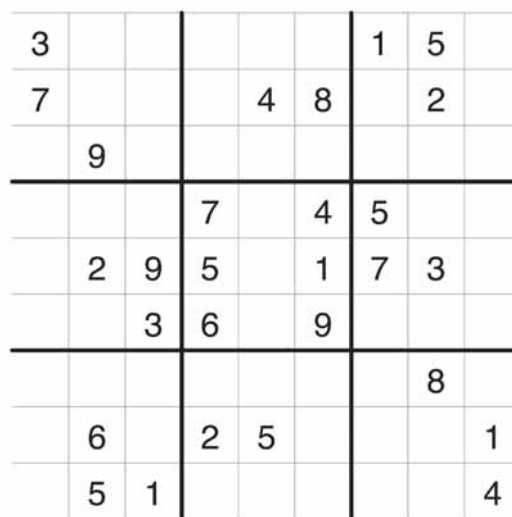
For today's crossword answers and for expanded horoscopes, go to metronews.ca



Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer

1	3	4	5	7	9	8	6	2
9	7	2	6	8	1	3	5	4
8	5	6	4	2	3	1	9	7
3	2	1	7	5	6	9	4	8
4	9	7	2	3	8	6	1	5
6	8	5	9	1	4	2	7	3
5	6	3	8	9	7	4	2	1
2	1	9	3	4	5	7	8	6
7	4	8	1	6	2	5	3	9

Weather

MONDAY



MAX: 5°
MIN: -3°

TUESDAY



MAX: 4°
MIN: -2°

WEDNESDAY



MAX: 2°
MIN: -7°



MICHELE MCDUGALL
WEATHER SPECIALIST
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." **WEEKDAYS 5:30 AM**

Horoscope

♈ Aries | March 21 - April 20.

Aim high by all means but don't lose sight of your limits.

♉ Taurus | April 21 - May 21.

You may feel rather emotional today and you would be wise not to keep it bottled up inside you.

♊ Gemini | May 22 - June 20.

You always have lots of ideas but the idea you have today will trump everything that went before.

♋ Cancer | June 21 - July 22.

Dealings with people in authority could be difficult today, so keep your emotions in check and don't take criticism personally.

♌ Leo | July 23 - Aug. 22.

Other people may be stunned by how

quickly you make up your mind and get things done today but they shouldn't be.

♍ Virgo | Aug. 23 - Sept. 22.

You may not have a choice about some of the things you are required to do today but you do have a choice about how you do them.

♎ Libra | Sept. 23 - Oct. 22.

You need to let partners and loved ones know how much you care.

♏ Scorpio | Oct. 23 - Nov. 21.

This is a hectic time for you and there are still a number of tasks that will need to be finished over the next few days.

♐ Sagittarius | Nov. 22 - Dec. 21.

Strive to see the bright side of

each and every situation you find yourself in, and if there really isn't a bright side, well, make one up!

♑ Capricorn | Dec. 22 - Jan. 20.

Some people may snap at you for no particular reason today but don't take their negativity seriously.

♒ Aquarius | Jan. 21 - Feb. 18.

Today's cosmic set-up suggests that you may be required to change direction suddenly and in a way that is not to your liking.

♓ Pisces | Feb. 19 - March 20.

It may be the case that you feel a bit restricted but in the fullness of time you will be glad that you were prevented from moving too far and too fast. **SALLY BROMPTON**



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*Model shown is a 2012 Forester 2.5X SMT (CVT) with MSRP of \$28,105 including freight & PDI (\$595), documentation fees (\$295) and air and tire levies (\$120). License taxes, insurance and registration extra. **0.9% finance and lease rates available on all new 2012 Forester models for a 24-month term. Financing and leasing programs available through Toyota Credit Canada Inc. on approved credit. Dealers may sell for less. Dealer order/trade may be necessary. ***Offer valid until April 3, 2012. ▲Ratings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). A "Good" rating obtained in all three crash tests plus a "Good" rating in new roof strength testing and the availability of Electronic Stability Control (ESC) (Vehicle Dynamics Control) achieves a 2012 Top Safety Pick. ●Based on ALG's 2012 Residual Value Award for any mainstream brand.

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